



Quarter Wheeler

The magazine of the Hounslow & District Wheelers

Captain's Report,
Club Destinations
and Rides
(pages 6 to 8)



Photo: Bruce McMichael

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Please contact me if you have any comments
or would like to suggest news or an article for
the magazine.

East of Ireland Tour - looking for the pot of gold!



Photo:
John Marshall

Remembering Ron Jones:
Our friend and club mate 1936 - 2022



For more information about Hounslow & District Wheelers visit our web site: <http://www.hdwcycling.co.uk>

Hounslow & Dist. Ron Brown Memorial 100m TT (Including the VTTA National Championships) 29th May

Report & photos: Chris Lovibond



Paul Burton (Paceline RT) is having a notable time trial season – from four events ridden he has taken one second place and three victories. On May 29, he won the Hounslow Hundred with the excellent time of 3.33.44. A close challenge came from Tim McEvoy (FTP Race Team) who took second place with 3.34.45, while last year's winner Mark Smith (Crawley Wheelers) put in a strong defence of his title, but his 3.40.15 was only enough to give him the third spot.

In the women's race Angela Carpenter (A3crg) recorded a scintillating 3.53.44 which gave her first place in the Ron Brown event and the VTTA Women's 100 Championship. Angela is showing brilliant form this year; she has also collected the VTTA 10 and 50 Championships. Her first time trial season was in 2017, so this has been quite a rapid rise. Just as in the men's event the margin of victory was small, with Lizi Brooks (Wahoo Endurance Zone) taking second place with 3.54.54. Emma O'Toole (NopinZ Motip RT) was third with 4.11.17.



Angela is a believer in turbo work and she has persuaded her clubmate David Shepherd not to 'get out more' but spend more time indoors on his bike. Something seems to have been beneficial for David who, at the age of 61 recorded 3.45.08. which gave him the VTTA Championship with a plus of 1.18.09 (and seventh place on scratch). He is still improving after a successful racing career which has already lasted 29 years.

Paul Burton was originally a triathlete but now has become more like a traditional club racing man in the sense that he mixes road racing with his time trialling. Most of his racing now is at the shorter distances and this was only his third try at the 100. He said he had hoped to do a 3.30, but he certainly ought to be satisfied with winning this longstanding event.

Tim McEvoy is a more established century rider than Burton, and was over five minutes faster than him in last year's 100 Championship, recording 3.29.44. He said he did not feel comfortable from the start of this Hounslow event and considered packing early on, but refrained for the unusual (but valid) reason that it would be a poor example to his children. To record a sub 3.35 ride on a slightly off day should impress the whole family!

For Mark Smith, we understand that business commitments have made a dent in his training schedule recently; we hope to see him in challenging form next year.

There were two machines in the tandem category, both of which, in their own way, produced notable results. Ian Greenstreet and Rachael Elliot (Newbury Velo) did an outstanding ride, recording 3.40.26. Naturally, this won the tandem prize, made them VTTA Champions and, perhaps better still, gave them a new national age record.

The other tandem was possibly the most intriguing story of the whole event. The Sotonia pairing of Mary Corbett (64 years, pilot) and Norman Harvey (89 years, stoker) got their 'long barrow' round the course in 5.29.08 (see photo). This may sound slow, but they had warned the organiser that they were 'hoping' to get inside six hours.



The Tandem trike in action – The Sotonia pairing of Mary Corbett (64 years, pilot) and Norman Harvey (89 years, stoker)

This tandem partnership began in 1998 on a conventional machine with Norman as pilot and Mary as a slightly anxious stoker. They raced (and toured) on normal tandems for the next fifteen years, setting club, Wessex and National records. Age and health problems put a brake on things after 2013, but the acquisition of a single trike and improved health saw them ready to race on a second hand tandem trike as Covid restrictions eased in 2020. In the remainder of that short season they achieved three national vets' records.

This resulted in the commissioning of the new Geoff Booker Tandem Trike shown in the photograph. They know their time is inevitably limited by age, but as a brilliant example of taking life in both hands and living it, they intend to race as much as possible this year, including the National Twelve. I'm sure we all wish them success in this and future seasons.



Hounslow & District Wheelers 53rd Ron Brown Memorial:

Incorporating the VTTA National 100 Mile Championship



Sunday 29th May 2022 H100/88 Froyle

Position	Rider	club	Time	Std +/-
1st	Paul Burton	Paceline RT	03:33:44	+1:06:03
2nd	Tim McEvoy	Fulfil The Potential RT	03:34:45	+1:07:37
3rd	Mark Smith	Crawley Wheelers	03:40:15	+1:06:46
4th	Henrik Persson	Fulfil The Potential RT	03:41:26	
5th	Andy Critchlow	Norwood Paragon CC	03:43:27	+1:03:34
6th	Lee Williams	North Hampshire RC	03:44:56	
7th	David Shepherd	...a3crg	03:45:08	+1:18:09
8th	Sam Barley	AS Test Team	03:45:44	
9th	Liam Somerville	...a3crg	03:47:12	
10th	Tom Lane	North Hampshire RC	03:51:14	
11th	Kevin Baker	Velo Club St Raphael	03:52:35	+47:12
12th	Christian Geldard	North Hampshire RC	03:52:40	+53:22
13th	Angela Carpenter [W]	...a3crg	03:53:00	+1:27:14
14th	Paul James	Didcot Phoenix CC	03:54:02	+54:00
15th	Lizi Brooke [W]	Wahoo Endurance Zone p/b Le Col	03:54:54	
16th	Mat Wilson	VTTA (L & H C)	03:57:30	+44:52
17th	Luke Smith	Bristol South C.C.	03:58:21	+54:02
18th	Sven Sabas	Rapha C.C.	04:00:08	
19th	Roger Sheridan	North Devon Velo	04:03:41	+59:36
20th	Mark Sanders	Mid Devon CC	04:04:31	+1:02:06
21st	Stephen Wilkinson	TWB - On Time RT	04:04:43	+51:22
22nd	William Sawyer	Velo Club St Raphael	04:05:29	+51:56
23rd	Emma O'Toole [W]	Nopinz Motip RT	04:11:17	
24th	Mark Dearden	Didcot Phoenix CC	04:12:20	+43:45
25th	Tony Reeves	GS Stella	04:12:27	+36:37
26th	Adrian Blacker	VTTA (Surrey/ Sussex)	04:13:29	+45:18
27th	Daniel Thompson	Hillingdon Triathletes	04:13:45	
28th	Martin Brown	7 Oaks Tri Club	04:15:09	+48:08
29th	Daniel Kempe	Bristol South Cycling Club	04:15:31	+40:34
30th	Pete Christensen	Hart Evolution RT	04:15:46	+24:52
31st	James Wood	West Suffolk Wheelers	04:17:50	+42:24
32nd	James Harris	Catford CC Ltd	04:17:53	+24:29
33rd	Danny Isaacs	Willesden Triathlon Club	04:18:22	
34th	George Turner	VTTA (L & H C)	04:20:08	+22:14
35th	Paul Wincombe	Chippenham & Dist Whs	04:20:13	+44:42
36th	Daryl Stroud	Gloucester City C.C.	04:21:42	+35:43
37th	Ray Sullivan	Metropolitan Police C.C.	04:22:25	+32:23
38th	Keith Garbutt	South Western R.C.	04:22:49	+31:59
39th	Joanna Cebart [W]	Bury Clarion C.C.	04:24:49	+44:09
40th	Nick Jones	Bournemouth Jubilee Whs	04:25:15	+19:50
41st	Naomi Shinkins [W]	Bournemouth Jubilee Whs	04:25:30	
42nd	Andrew Simpkins	Team Echelon	04:26:06	+50:18
43rd	Philip Jones	Peterborough CC	04:26:16	+40:21
44th	Lisa Davis [W]	DRAG2ZERO	04:27:14	+45:52
45th	Peter Tomlin	North Hampshire RC	04:35:53	+34:23
46th	Kate Bradley [W]	Born to Bike - Bridgton Cycles	04:38:52	+31:06
47th	Barrie Whittaker	Lyme Racing Club	04:39:27	+30:49
48th	Cliff Voller	Newbury RC	04:41:11	+42:18
49th	Gavin Hughes	Kingston Phoenix RC	04:46:33	+08:15
50th	Rachel Waite [W]	North Hampshire RC	04:57:15	+10:44
51st	Kirsty Wheeler [W]	Maidenhead CC	05:27:33	
52nd	Peter Horsfield	Redmon CC	05:29:35	-06:06
53rd	Harry Cowley	Chester RC	05:38:56	-07:09

DNF #17, 21, 39, 41, 56, 60 and 63. DNS Apols received from #7, 19, 23, 28, 34 and 65.
DNS #4, 5, 46, 50, 66, 68, 69, 73, 74 and 75.

Tandem Results

Position	Tandem Crew	Club/ Team	Time	Std +/-
1st	Rachael Elliott & Ian Greenstreet	Newbury Velo	03:40:26	+1:11:46
2nd	Mary Corbett & Norman Harvey	Sotonia CC	05:29:08	+56:53



Tim McEvoy



Dave Shepherd
VTTA Champion



Photo: Patsy Howe

Rachael Elliott & Ian Greenstreet

Club Results 2022

Good Friday 25 mile TT: 15 April



	Club	Time	H'Cap time	H'Cap
Robert Attreed	Thames Velo	1:00:06		
James Cadman	HDW	1:00:51	0:58:51 (2m)	1st
Tom Webster	Waldy Whs	1:01:38		
Nic Stagg	HDW	1:02:53	1:01:53 (1m)	2nd
Fred Frizzerin	Waldy Whs	1:04:39		
Lee Gunning	Dulwich Paragon	1:07:36		
Jill Bartlet	HDW	1:21:40	1:02:40 (19 m)	3rd

Inter Club 25 mile TT: 22nd May

	Club	Time	HCP Time
Gareth Williams	TCC	55:51	54:41
James Cadman	HDW	58:51	58:51
Sam Williams	TCC	59:19	59:19
Tim Budd	HDW	59:50	58:50
Ragnar Laan	TCC	1:00:27	58:27
Nic Stagg	HDW	1:01:11	1:00:41
Matthew George	TCC	1:04:14	55:14
Mark Silver / Jill Bartlett	HDW	1:04:39	56:39
Jerry Ball	WCC	1:07:27	57:09
Daniel Goldsmith	TCC	1:10:16	1:03:18
Gary Martin	WCC	1:11:16	56:16
Phil McLean	TCC	1:12:26	57:26

18 Mile TT 16th June 2022 (CC137) Gracious Pond Circuit

	Club	Time
Tom Doran	Waldy Whs	44.46
Mark Silver (Trike)	HDW	57.40

Club Hillclimb Sunday 16th of October 2022 HHC011 Windsor Hill

	Club	Time
Bruce McMichael	HDW	3:13
Jill Bartlett	HDW	3:15

Midsummer Cup 25 Mile TT Sunday 26th June CC001

	Club	Time	H'Cap	H'Cap Time	H'Cap Pos
Nic Stagg	HDW	58:06	Scr	58:06	1st
James Cadman	HDW	58:24	Scr	58:51	2nd
Paul Crook	Hillingdon S'st'mers	1:01:21			
Mark Silver /Xavier Brace (tandem)	HDW/PTT	1:03.04			
Cameron Crook	Hillingdon S'st'mers	1:06:56			

Captains Report 7th Nov 21 to 30th Oct 22

Sunday Club Rides

Of the 49 Sunday runs planned for this year five were abandoned; three were just too cold or icy (Clandon Park, 28th Nov '21, Billingbear, 30th Jan '22 & Henley, 13th April '22. Two were too wet and rained off (Wokingham Town Centre, 23rd Oct and West Horsley on 30th Oct '22. We did, however, fit in an extra club run to Seale when the Autumn 25 on 4th Sept was cancelled due to roadworks, so we ended up with 45 Sunday rides this year. The best attended ride was to Hare Hatch on 7th August when ten of us were out at 11s's.



Coffee stop at Hare Hatch

At the year end the points for the Clubman Trophy are:

Ladies: Jill Bartlett 23pts

Men: Myself with 34pts and Les Saunby with 31pts

Ride Destinations

Since my last report I have removed from our list of regular destinations the Herb Farm at Sonning Common and 172Coffee in Elstead as they are no longer open on a Sunday, but have added Velo Life at the Val Wyatt Marina near Wargrave and also the Chequers Inn, Wooburn Green which is handy if we have any more club hill climbs on Windsor Hill in future. I have corrected the address for the café in the old town hall in Wokingham town centre, its name is Rynd (Scandi?) not Yolk as I had previously listed. Ride destinations and destinations for January to April 2023 follow.



Hampshire Ride

The annual all day midweek Park & Ride event in August starting and finishing in Hartley Wintney, Hampshire, that I have organised in recent years, was again most enjoyable with a fine day and 14 members and friends taking part despite Covid infections. Leaving at 10am with lunch at More of the Good Stuff, Worting House, Basing, drinks in the Fur & Feathers pub in Southrope and finally a drink in the Cricketers pub overlooking the cricket pitch. About 45miles easy peasy.

We must do it again next year

See you on the roadJeff

**List of Sunday club ride destinations & approx.
distance there & back from Staines
gpx route files available for each destination**

Surrey		
Compton	Watts Gallery Tea Shop, Down Lane, Guildford, GU3 1DQ	46 miles
Cranleigh	Nottcuts Garden Centre, Guildford Rd, GU6 8LT	53 miles
Farncombe	Hectors on t' Wey, The Boathouse, Catteshall Rd, GU7 7NH	58 miles
Farnham	Manor Farm Tearoom, Seale, GU10 1HR	46 miles
Henfold	Henfold Lakes & Fisheries, Henfold Lane, Beare Green, RH5 4RW	53 miles
Hindhead	Cookie Bar, 1, Royal Parade, Tilford Rd. Hindhead, GU26 6TD	61 miles
Milford	Secrett's Garden Centre, Chapel Lane, Milford, GU8 5HU	55 miles
Mytchett	The Basingstoke Canal Centre, Mychett, GU16 6DD	40 miles
Newdigate	Tanhouse Farm, Rusper Rd. Newdigate, RH5 5BX	62 miles
Shere	The Dabbling Duck, Middle Street, Shere, GU5 9HF	43 miles
Tilford	The Rural Life Centre, The Reeds Rd, Tilford, GU10 2DL	54 miles
West Clandon	Clandon Park Garden Centre, The Street, West Clandon, GU4 7RQ	45 miles
West Horsley	Squires G. C. Epsom Rd. West Horsley, KT24 6AR	51 miles
Oxfordshire		
Henley	Toad Hall Garden Centre, Marlow Road, Henley, RG9 3AG or The Chocolate Theatre Café, 13 Thameside, Henley, RG9 1BH	52 miles
Turville Heath	The Barn, Turville Heath Farm, RG9 6YL	55 miles
Berkshire		
Arborfield	Lockey Farm Café, Sindlesham Rd, Arborfield, RG2 9JH or Henry Streets Garden Centre, Swallowfield Rd. Arborfield, RG2 9JY	49 miles
Hare Hatch	Sheeplands Garden Centre, London Rd, Hare Hatch, Twyford, RG10 9HW	39 miles
Twyford	The BIA Hub, Waltham Road, Twyford, RG10 9EE	41 miles
Wargrave	Velo Life, Val Wyatt Marina, Willow Lane, Wargrave, RG10 8LH	47 miles
Wokingham	Billingbear Golf Club, The Straight Mile, Wokingham, RG40 5SJ	41 miles
Wokingham T. C.	Rynd, Town Hall, Market Place, Wokingham, RG401AS	41 miles
Buckinghamshire		
Bourne End	Flowerlands Garden Centre, Hedsor Road, Bourne End, SL8 5EE	39 miles
Hughenden	Village Store / Coffee Shop, Coombe Lane, Hughenden Valley, HP14 4LD	54 miles
Marlow	Wyevale Garden Centre, Pump Lane South, Marlow, SL7 3RB or Court Garden Café, 3 Pound Lane, Marlow, SL7 2AE	40 miles 41 miles
Wooburn Common	The Chequers Inn, Kiln Lane, Wooburn Green, HP10 0JQ	38 miles

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Runs list January to April 2023

8th January	* West Horsley
15th January	* Wokingham (Billingbear)
22nd January	Farnham
29th January	* Marlow
5th February	West Clandon
12th February	Tilford
19th February	Hare Hatch
26th February	Twyford
5th March	Farncombe
12th March	Arbourfield
19th March	Henley
26th March	Milford
2nd April	Wokingham Town Cr
9th April	Shere
16th April	Hughenden Valley
23rd April	Compton
30th April	Turville Heath

Ride leader needed * **JEM**

For more detail on destinations & route information go to 'Regular Clubruns' tab on the Club Website.



Club runs 2022
Photos:
Bruce McMichael
Patsy Howe



Club Clothing - new for 2022

Redesigned by popular request to replace kit introduced in 2011

Please contact clothing administrator with your requirements:

Linda Williams lindajane184@gmail.com or tel: 07519350186

The items can be collected (preferred) or posted (non preferred) for a standard charge of £3.50

Non-stocked sizes and women's cut items would be special order and, along with any out-of-stock items can take up to 6 weeks.

Our supplier is Gearclub.

For full description of each garment go to www.gearclub.uk

Stock

Short sleeve jersey: Gearclub Classic PRO

Long sleeve jersey: Gearclub Winter (brushed fabric)

Gilet: Gearclub lightweight windtex

All have full zip and three pockets to rear, one zipped pocket

Prices

Short sleeve jersey: £38

Long sleeve jersey: £38

Gilet: £35

Payment for kit by bank transfer

Bank details: Acc. 47880775. Sort Code 60-07-33 or cheque, payable to 'Hounslow and District Wheelers.'

Sizing

Sizes available are: Small, Medium, Large, XL and 2XL



MAN
SHORT SLEEVE JERSEY
CLASSIC

WOMAN
SHORT SLEEVE JERSEY
CLASSIC

SHORT SLEEVE JERSEYS

PRO, PLUS, ASTERIA, ELITE FIT SAME CHEST SIZE

MAN		2XS	XS	S	M	L	XL	2XL	3XL	4XL	
A	CHEST	CM	86-92	92-97	97-102	102-106	106-110	110-114	114-118	118-122	122-126
B	FRONT LENGTH		52	54	56	58	60	62	64	66	68
C	BACK LENGTH		64	66	68	70	72	74	76	78	80
D	CUFF		24+	25+	26+	27+	28+	29+	30+	31+	32+
WOMAN		6-2XS	8-XS	10-S	12-M	14-L	16-XL	18-2XL	20-3XL	22-4XL	
A	CHEST	CM	82-86	86-90	90-94	94-98	98-102	102-106	106-110	110-114	114-118
B	FRONT LENGTH		50	52	54	56	58	60	62	64	66
C	BACK LENGTH		60	62	64	66	68	70	72	74	76
D	CUFF		21+	22+	23+	24+	25+	26+	27+	28+	29+

MAN

LONG SLEEVE JERSEY

CLASSIC

WOMAN

LONG SLEEVE JERSEY

CLASSIC

LONG SLEEVE JERSEYS

JACKETS ARE SLIGHTLY BIGGER

MAN		2XS	XS	S	M	L	XL	2XL	3XL	4XL	
A	CHEST	CM	86-92	92-97	97-102	102-106	106-110	110-114	114-118	118-122	122-126
B	FRONT LENGTH		52	54	56	58	60	62	64	66	68
C	BACK LENGTH		68	70	72	74	76	78	80	82	84
D	SLEEVE LENGTH		78	79	80	81	82	83	84	85	86
WOMAN		6-2XS	8-XS	10-S	12-M	14-L	16-XL	18-2XL	20-3XL	22-4XL	
A	CHEST	CM	84-88	88-92	92-96	96-100	100-104	104-108	108-112	112-116	116-120
B	FRONT LENGTH		53	55	57	59	61	63	65	67	69
C	BACK LENGTH		62	64	66	68	70	72	74	76	78
D	SLEEVE LENGTH		64	66	68	70	72	74	76	78	80

It's not about the bike:

A great HDW team effort on a path at Potterne, Nr Devizes, Wiltshire

At our club campsite in Potterne at end of August last year (2021), after most of us had gone home, a nasty accident occurred. In the evening, after dark, our chum Jo, returning from her ablutions in the main building, tipped out of her wheelchair as she came off the higher tarmacked car park onto the lower rough shingled area leading to the camping field. This resulted in awful lacerations and grazing to her face.

Following this, our camp commandant (Martyn) suggested to Mike & Sue Rose, site managers/ administrators of the scouts centre that to avoid a similar accident in future there should be a footpath connecting the facilities to the camping field. Mike and Sue agreed.

In the weeks that followed, Mike negotiated with the Wiltshire Scouts Executive for such a path. Eventually, by November, they agreed to have a safe footpath built, which they agreed would greatly improve safe access, especially, but not exclusively for wheelchairs. It would run from the nicely tarmacked area down to the entrance to the camping field. The deal was that they (the Wiltshire Scouts Council) would provide all the building materials and that we (HDW), the labour. We believed this was a really good thing and agreed to the offer.

On 12th February, my brother John & I went down to the site and carried out a survey of the ground the path would cross following which we sent them a plan, drawing and list of materials required to carry out the task i.e timber for shuttering, 7 x 1 ton bags ballast, 26 bags cement and lengths of expansion joint strip. We decided to take all our own tools (mostly John's) and we estimated that, with a few willing volunteers, the job would be completed within two days. A date was finally agreed for the work to go ahead on Monday 6 and Tuesday 7 June weather permitting. A fall back date in July was also agreed just in case of bad weather. We arranged with Mike & Sue to be able to sleep in the main building overnight before we started and also on the evening of the first day.

An e-mail from me to the usual campers, calling for volunteers, received a good response and we soon had a team of nine members and friends lined up over the two days.

They were: 1) John Marshall, I.C, Ganger/site foreman 2) Dave Howe, Labourer 3) Tony Cosstick, Labourer 4&5) Peter & Michelle Sprake, Chef's de camp 6) Mark Silver, Labourer 7) Jo, Overseer & boss woman! 8) Robert Marshall, Labourer, younger, stronger! 9) Yours Truly, Labourer, older, weaker!

On the evening of Sunday the 5th June the advance party of John, Dave, and I arrived at the site and were greeted by Mike & Sue who had organised the pre delivery of all the materials, our sleeping quarters, use of the Kitchen and our power and water supply ready for an early start on the morrow. Finally we spent the late evening quaffing and eating in the local Weatherspoons,..... perfect !

In the morning more of our team arrived, the weather was fair and we set about levelling and preparing the shuttering for the path to be laid. After much use of pickaxes, shovels, club hammers and spirit levels, with shovels and ballast flying, we started mixing the concrete in John's 40yr old electric mixer and made good progress fuelled by coffee, tea and bacon sarnies supplied in copious quantities by Peter & Michelle. By nightfall, with wheelbarrows whizzing between mixer and path, we had concreted about a third of the path. The evening was spent eating and drinking in the Devizes Weatherspoons. Very good and very cheap!





Tuesday morning, after a hearty breakfast we got stuck in again and by lunchtime had two thirds of the concrete down, when disaster struck! The drum on John's 40yr old mixer had separated from the drive shaft and shuddered to a halt, full of wet concrete. Our efforts and 7 tons of ballast had ended its life. All was not lost though as John and local man Tony hastily paid a visit to a Devizes hire shop and returned with a replacement mixer, with which we finished off the job. By about 3pm we had tidied up and headed home, pleased with the result and well knackered!



A fine HDW team effort by all concerned, I think you will agree?

Jeff

PS. Shortly afterwards, on behalf of the Board of Trustees of Wiltshire County Scouts Council, their Chairman, Justin Purkis, sent us a letter of thanks acknowledging our efforts.

Photos: Dave Howe



MEET A MEMBER



This issue we feature Jill Bartlett, aged 62, who has been cycling since 1993. She says that she started cycling “for the coffee stops - more miles mean more cake!” She added that it’s also a great way to explore areas that she had not been to before. Jill has been a member of Hounslow and District Wheelers for 24 years. She told me that she had met Bill Carnaby on an Audax ride and he suggested that she should come along to the bridge the following Sunday.



Jill told me that she was doing Audax rides most weekends. One of the first she did was the Dorset Coast 200k with over 2000m of climbing, which was a baptism of fire, and then did it again 2 or 3 more times, with Ian Seccombe and Chris Lovibond. She also bought a second hand mountain bike (no suspension or fancy stuff) and did some off road in the Surrey Hills and in the Brecon Beacons with Ian. “No style, but I got round, similar to now really!”

Jill describes her first steps into road cycling

“My first proper road bike was a Dawes Galaxy which got stolen from outside work (swapped for an old shopping bike - not a fair swap, I thought!). So, I got fitted and kitted out on a specially made road bike by Dave Russell in Twyford. It was the first time for clip in pedals, so I set off for a test ride and fell off when I got to the traffic lights. My knee got fed up with falling off so I eventually had to get the hang of them.”



Jill competing on the Drift Road circuit

And into racing

Then I joined the club, where the first thing I was asked was ‘Do you race?’ This new language of ‘a short 25 or long 10’ had a whole new meaning. I was persuaded to race, and so borrowed a pair of wheels and had a go on my Dave Russell road bike round the Drift Road circuit. I got into racing and eventually had a go at my first 100 mile time trial. I did several more before setting the ladies VETS record with 4:28:22. This was only 2 minutes 18.12 seconds slower than the ladies record which has stood since 1971. I did many 2 ups with Brent Skinner when I started racing and he helped me, both practically and with excellent support on 2 100’s. I had also had a few goes on the tandem by then, at first with Jo (Wells) and then with Paul (Holdsworth) and also Mark Silver. Paul and I set an age record at 100 miles of 3.56.49.

Off roading and Bikeability

Then Brent taught me a bit about mountain biking as he did his British Cycling mountain bike coaching qualification course. A few of us had fun at Swinley Forest as we tested our skills - me on a bike that Brent lent to me for the sessions. With Brent and a few others who were in the club, I also trained to teach Bikeability level 1,2 and 3 to kids and adults - the replacement for the old cycling proficiency test, but a bit more involved.

In the last couple of years, I have done less racing, some fun tandem 10's with Mark, and more off road riding, enjoying gravel riding. It keeps me warm in the winter and there's not so much of a worry about whether to go out with ice on the roads. I have also done a couple of 4 day/400 mile/7000 metre rides on the road for 'One More City', a charity for research into secondary breast cancer, which I have loved and will be doing again this year.



One More City finish



Favourite ride?

A tough one, as there are a few, but for spectacular scenery probably the west coast of Mallorca Val de Mosa to Soller, and the west coast of Scotland. I rode Lands End to John O'Groats solo in 2000 which was fabulous. I treated myself to a comfy bed and a hot bath at the end of each day in some nice little B and B's. Half way, in Carlisle, I stopped at a nice hotel and had a massage and dinner in my room - a nice treat!

Left: At the top of the Devil's Punchbowl, in the rain!

I asked Jill what she considered to be her best ride?

In terms of racing, my best solo 100 mile time trial in 4 hours 28 minutes and 22 seconds. Followed by the mixed tandem 100 with Paul Holdsworth, in 3 hours 56 minutes and 49 seconds.

Jill's Bikes

A trek Emonda road bike, Rocky Mountain mountain bike, and an old Pro Cycle hire bike from Mallorca. I still have on permanent loan, from Mark Silver, an old steel flat bar fixie which makes a change! Oh, and my time trial bike which the local shop thinks is great as it's retro at 20 years old.

Favourite bike snack?

Veloforte bars on the bike. In Mallorca a Madelene or almond cake and a cafe con leche!

Favourite coffee / bacon sandwich stop?

In the sunshine in the square at Petra, Mallorca makes me feel like I am really on holiday, when I am there. The Fisheries on the back of the Drift Road circuit do an excellent bacon buttie!



Right: Jill enjoying Black Forest Gateau in the Black Forest!

OBITUARY

Our friend and clubmate Ron Jones (Ron) 1936 - 2022

Remembering Ron

With thanks to Joyce and Chris for allowing us to use their words from the service of celebration held for him on 13th June

Ron was born in Dulwich Hospital in South London on the 19th June 1936, the only child of parents Violet and Ernest. The family lived in 21 Treherne Road, Brixton, where he lived until his future marriage. His father worked as a bank messenger for the Yokohama Specie Bank in the City of London. His mother worked in various part time jobs. Ron was never evacuated during the Second World War and during the Blitz the family sheltered in an Anderson shelter in the garden or under the stairs in a cupboard. His father was away most of the time in North Africa in the Royal Artillery. Ron inevitably became very close to his mother and was profoundly affected by her death later on when he was 20 years old, having witnessed her illness from the age of 14 years.

Ron attended the local school, Cancell Road Infant and Junior schools, where believe it or not he first met the little girl who, living in the same area, was to become his future wife! He continued his education after gaining his 11+ and won a scholarship to the prestigious Alleyns Grammar school in Dulwich. Here he flourished and gained qualifications to study Chemistry, Physics and Maths at Sir John Cass in London. However, this was interrupted by his being called up to do his National Service for two years, the last year in Singapore where he met two of his lifelong friends Bryan Foxhall and Dave Garner.

He was encouraged to work in radar in the Air Force and this helped him to get a job at the BBC studios in Shepherd's Bush as a studio engineer. He was one of the pioneering engineers to bring colour television to the BBC. He worked for over 30 years at the BBC, finally ending as manager of six studios. It is safe to say that he really relished his time at the "Beeb", but took early retirement when things began to change, not always for the better.

After finishing his National Service Ron met up with the little girl, now a grown woman - Joyce, at a mutual friend's flat. The following year, 1961, they married. When Joyce first introduced Ron to her large extended family, Ron was at first overwhelmed but they all took him to their hearts and he liked nothing better than being with them all at family gatherings. Joyce and Ron had a very happy marriage and celebrated their 60th anniversary in 2021. Their son Chris was born in 1966, when their happiness was complete. Ron's father died soon after their marriage but he at least was able to see his son Ron marry.

Right from the beginning as a school boy Ron loved cycling and spent every spare minute he could on his bike. He joined one or two cycling clubs in his early teens onwards such as the Dulwich Paragon, The Weybridge Wheelers and finally in 2001 the Hounslow and District Club. He made many friends, in particular his lifelong friend John Pound who he had known since 1954 and who was best man at his wedding. There was one memorable ride Ron did with his friend Clive, from the North East coast of France to Cannes on the South coast. He had been fortunate enough to be surrounded by so many friends in the cycling world and this meant everything to him, and to his wife Joyce as did Bryan and Pat's family with whom they spent many enjoyable times and holidays.

His other passion was Arsenal Football Club and he liked nothing better than going with his son Chris to the home matches. At least in his later years he was able to watch Arsenal matches on the TV!



Ron and Clive departing for France

When Ron retired he decided to study with the Open University, choosing art and humanities, as his earlier education focused on the sciences. After six years of study he gained his PhD with honours. Having triggered his interest in all the arts he enjoyed going to the cinema, art galleries, concerts, mostly jazz, with Joyce who shared his interests.



Ron with statue of James Joyce in Dublin

Ron was also an avid reader and could converse with friends and family on many subjects such as politics, philosophy, history, art but also enjoyed novels and biographies.

Ron's achievements he was proud of were his PhD, working as secretary for the British Cycling Federation and the Surrey League, but his proudest achievement was devising a computer program for scheduling the work of the studio engineers which was avidly snapped up and used by the BBC long after his retirement.

Ron was a kind and decent human being, caring deeply about the injustices in this world and sometimes being frustrated because he couldn't do anything about it. He was always there for his family and friends and quietly got on with things. He loved his wife Joyce, his son Chris and daughter-in-law Sun deeply. He will be missed so very much by them.

Ron took his membership of the club seriously and was a constant supporter of our club time trials, road races and social events for the last two decades

We, his friends and clubmates respected him and miss his presence among us, the sage advice and opinions we often sought from him on various subjects at our social meetings after cycle rides in his company, most recently sharing a pint with him in The Royal Oak at Pirbright on a Friday, or a coffee at various haunts and eventually Roots on a Tuesday. Ron, together with Ed Green and John Pound were the founders of the midweek rides I always referred to as **'the Ron Jones rides for the retired'**! When I retired in 2004 it was Ron who invited me to join them. These rides grew like topsy in the years that followed. In the first decade a big feature of the group was our participation in La Semaine Federale touring week in France, as indeed were our annual boozy Christmas lunches organised by Ed. In recent years we have had up to 20 members of our group enjoying each other's company in the Royal Oak.



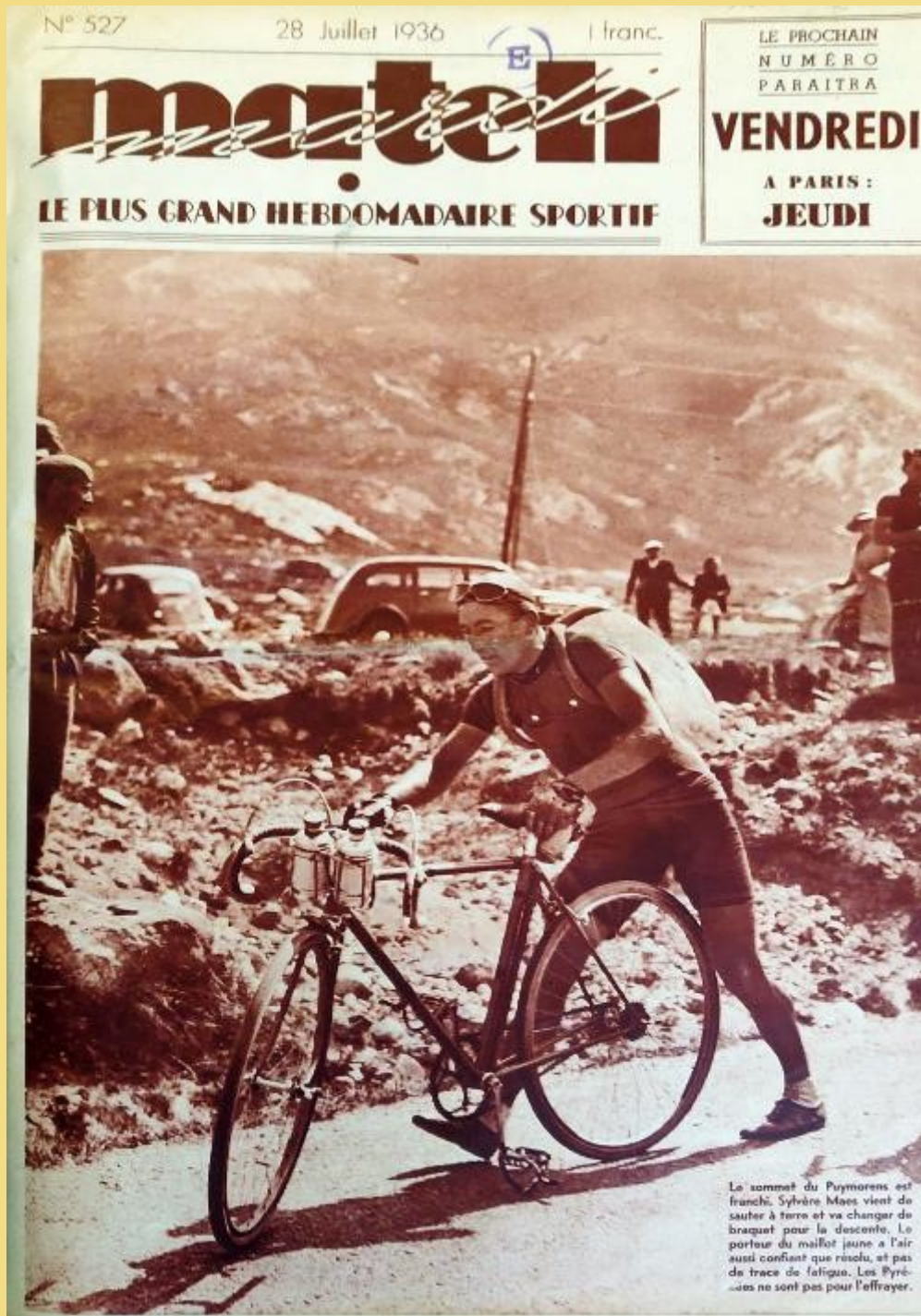
Ron was always there. He was a special friend and will be missed by us all.

Jeff



Standing on the Shoulders of Giants

Henri Desgrange insisted, as long as he could, that there should be no dérailleurs in 'his' Tour de France. He wanted the race to be a contest of man against man and was adamant that this should not be blurred by technical fixes - the only way a rider was allowed to change gear was by turning the wheel onto a second sprocket. This situation continued until ill health caused him to lose control after the 1936 race.



The three photos illustrating this article are from that last non dérailleur tour - it is impossible not to admire the toughness of men who could conquer mountain passes with such basic equipment. Many others, with more direct knowledge, have written on this subject in the past so I won't presume to write at length, but I hope these pictures will be new and interesting to readers here. Below is a link to my own experience.

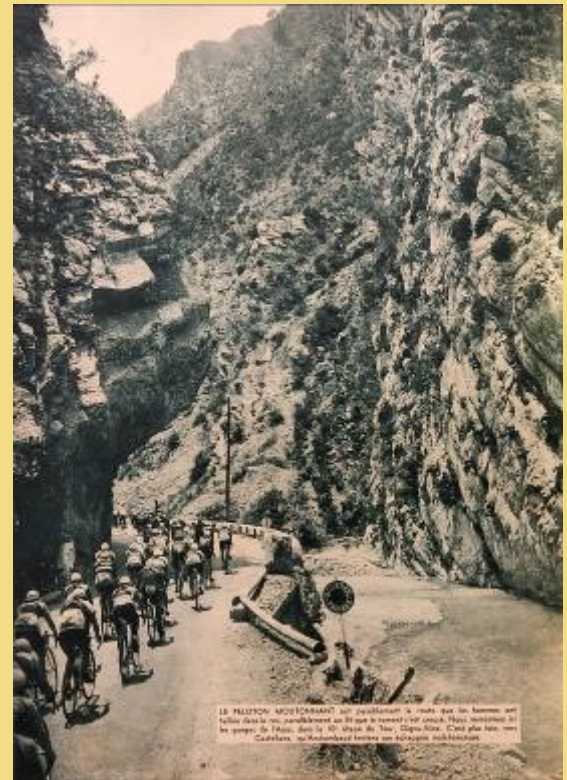
Sylvère Maes

Has just turned his wheel at the top of the Col du Puymorens (1915 metres). He looks untroubled by the effort - and went on to win the G.C. in Paris.

N.B. The caption says 'he's going to change', but that doesn't make sense when looking at the photo which clearly shows the smaller of his sprockets in use.

The Single Geared Peloton

Beside the river. It's striking that in all the 1936 photos the bunch, mounted on these old bikes, looks and behaves pretty much the same as it would today. 'Moutonnant' refers here to the white caps of the riders – it is more commonly used to refer to the white capped waves of the sea.



On Foot with a Crowd (above)

Just a foot note to the story: The caption explains the interest (my translation):

'A mishap during the Soulor climb disposed of Sylvère Maes' most formidable rival, (Félicien) Vervaecke. He broke his forks but continued on foot, crying like a kid, as he looked for a bike to borrow. Alas, the one that he was about to find was equipped with a dérailleur, and that will cost the unfortunate Félicien a heavy penalty at the finish.

I find this an interesting subject, and I wondered if it would be possible to discover how wheel turning works in practice. I have done a very small scale experiment, London-Oxford-London, on an ancient bike, with a double sided hub to help this old bloke and his luggage over the Chiltern climb to Stokenchurch. The fourth photo shows my bike outside Worcester College – if you want to know more about the ride (and the bike) have a look at this link.

<https://www.lfgss.com/conversations/369572/>



Chris Lovibond.

December 2022.

History page

A blast from the past

Contributed by Jeff Marshall

Our magazine is read on line by many people including oldie past members, two of whom recently sent messages to our General Secretary, Bill Carnaby. Bill had no clue who they were, but forwarded their messages to me as my membership goes back to 1958.

I found them interesting (am sure others will too)

The first to make contact was Ron Feltham from North Devon
Here is a copy of his e-mail message

From: books@sol.org.org.uk

Sent: 23 Feb '22

Subject: One of the oldies

Hi There, back in the mists of time I joined the Wheelers

In 1957, myself, Mike (Wink) Wilkins, Alan Beagley and Ian Lockhead decided the open road was for us... Ian was by far the fastest, I was probably the slowest, but we enjoyed our time with the club. Ron Brown was a constant on the club runs; which in the winter always seemed to include a 'roughstuff section' One of our jobs was to take it in turns to be mechanic, whenever Sheila Clarke entered a race we would accompany her and prepare her bike for the race. Invariably we rode fixed. One Easter Wink and I rode to Barnstaple and back 'just for fun'. Unfortunately Her Majesty decided she needed my services for 2 years, and although I carried on riding for a while it was never the same without proper club runs.

Shortly after I married I returned to North Devon and raised my family here.

However in 1979 whilst talking to the father of my sons friend, we found we were both ex bikies and decided to start again. We reformed the Barnstaple Imperial Wheelers (now the North Devon Wheelers) and later had the honour of running two National Championships.

The Hill Climb at Woolacombe and the '50' on the Barnstaple - Exeter road.

I cannot ride now, knees and hip gone, but still read and watch whenever possible.

Sorry if I have bored you.

Best regards

Ron Feltham (now 83)

I responded with

Hi Ron, Bill Carnaby forwarded your historical musings to me as I, like you, am an octogenarian. I joined the HDW in 1958 aged 17 after the Calleva R.C. folded. Since then I have always been a member of HDW. I have some old photos of that time, taken mostly by our 'club photographer' Peter Young. He died prematurely in 1969 aged only 44. I inherited his old photos.

A few of us, including Ron Brown, Ron Richardson, Pete Wright, Barry Quincey and Eddie Arthur all joined the HDW together in '58 and as you say, we all rode 'fixed.' At that time we all used to meet each week in our clubroom, which was in Cromwell Rd. Hounslow.

I did most of my formative riding with Ron Brown, who was an amazing guy. We used to ride up to North Wales at Easter and tour Wales in the summer, doing big miles and thinking nothing of it. Ron Brown also died young, in an unexplained cycling accident, during a time trial on the A31, aged only 46. I do not remember Sheila Clarke, but sounds like the boys were keen!

These are some names I do remember from that time; Ian Lockhead, Wink, George Ward, Arthur Biggs, Peter Robinson, Alan Beagley, Malc. 'Wilbur' Cowee, John Flood, John King, Pauline Biggs, Anne Stevens, Betty Britnell, Ken Britnell, Alan Chamberlain, Alan 'coppi' Pickard, Alan Tun, John Garrett, Brian Richards, Dennis Stevens, Percy Graham, Arthur Ramsey, John Wright, Eddy Munday, Valerie ???, Ted & Ken Clapton. Of course a lot of them have 'popped off' by now. Our club runs in those days started 9am at The Bell in Hounslow and were out all day, 11s's, Lunch, Tea and finally the pub, before getting home about 9pm. And as you say nearly always included a section of 'rough stuff'.....I am sure I was at the National Hill climb you mention at Woolacombe. I am lucky enough to still ride quite a lot and am our club Captain on Sunday rides which only go to 11s's these days and home by 2pm. You can see what we get up to these days by looking on our website and going to 'Club Magazine' which has reports of our activities.

Also sorry if I have bored you!?

Regards, Jeff

PS interesting e-mail address Ron - You got a bookshop?

I attach three old photos of clubruns from late 50's.

In the first, Ron Brown fixing a puncture with his one arm.



In the next some of the young lads pose during a Sunday ride blocking the road (Are you in there?)





In the final photo Anne Stevens & Pauline Biggs (nee Chamberlain) lead up the rough stuff section on a club run in Surrey.

He replied ;

Hi Jeff , great to hear from you, much appreciated.

If you joined in Sept 57 we probably shared a few club runs before I had to join the RAF. My last outing was 22nd Jan 58. The next day I was in uniform for two years.

I was in the photo of the 'pile up' second from right next to Wink.

When we started cycling we joined the Clarion. Not the friendliest of clubs' but it explains the Sheila Clarke mystery. She was a member there and was very good. She was picked to ride in a big race in France and Ken Ryall told her he would check over her bike. It came back completely new apart from her saddle?! I think she later married Billy Holmes.

I met up with Ian L. about 12 years ago when he came to Woolacombe for a weekend. Sadly he died of bone cancer a short time later. I am still in touch with Wink, we have played a few rounds of golf together. Alan B has had some dreadful times as his daughter was murdered.

The photos attached are;

HDW Club Dinner 1958, RAF badge gives me away.



Right: A '25' with Littleport Wheelers (not Australia)
Below: When I was stationed at Mildenhall and getting to work on my 50th birthday.



The bookshop is a second hand books for SOL, a language charity that I have run since I retired. Unfortunately due to a crumbling knee, and no chance at the moment of a replacement, my sport activities are now limited to watching. I will keep looking out for the HDW mag in the future
 Great to contact with you
 All the best
 Ron Feltham

The other oldie communicator was John Bollonds from North Ascot on March 19th
Here is his e-mail message

19th March, 1972. HDW's early season Open '25'- Course H1 Bath Road. My first '25' at the tender age of 40 years + 9months! Headline in Cycling Weekly report – "Queen through fog to a 57." I was his minute man (no.69 to his 70 I think) and I'll never forget the humming sound coming from tubulars on tarmac as he overtook me within a couple of minutes!! I got a mention at the end of the report—"at the age of 40, a creditable 1.13.34"
 How came this about? All down to Jan Richardson, who I am very sorry to hear, from catching the Quarter Wheeler mag on your website, passed away in Sept 2018. She joined my office (Barclays Ashford) in 1969/70, arriving on her first day on a 'mans' racing bike, and reawakening my earlier interest in cycling. In 1971 I started riding to the office (North Ascot to Ashford) more regularly and I mentioned that I had often wondered how I would get on riding a '25' and she suggested me joining your club, and entering the above event. From then on over the next ten years I managed 1,762 'Work Rides' and rode I think 68 time trials of various distances, at least getting my original 25 time down to a modest 1.5.43 (but good enough to win the handicap in the Midsummer 25)
 Other names I was sad to see are no longer with us are Trevor Gilbert and Ron Richardson, but amazingly I see Jeff and Martyn are still very much involved – surely they deserve an MBE at least for services to cycling? I remember seeing Jeff and Bob Porter doing bit n bit at the northern tip of Ascot racecourse just as I joined from Winkfield Road. Is Bob still with us? So, 50 years on I still ride locally, have done line dancing for many years and having taken up tennis in the late 80's, still play for an hour or so most Tuesdays. And I put it all down to keeping fit thro my cycling years.
 Thank you, Jan, & HDW!

John Bollonds

Ps Tell Martyn not to worry about lending me his watch – my wife bought me a 'fitbit' for my birthday last year

ROGGO'S RAMBLINGS

Roger Sewell

It was Paul Newby (HWCC) who said, "If you can stand up when you put your socks on, then you are not old", well I can still do that but somehow my body is beginning to tell me something my brain won't agree with. It seems I am getting slower as the years catch up, don't get me wrong, I still enjoy racing and (stupidly) I am going as fast today as I ever did when I was twenties. So at what point do I retire? There are some riders a lot older than I am and I still beat riders who are younger but the speed of the fast men and women is now, to me, incomprehensible and almost demoralizing. It seems that Peter Horsnell (Chelmer C.C.) is contemplating retirement (he is 92!) and the thought of continuing for another 16 years is mindboggling, but I am of the belief that if you can still do it then carry on.



For as long as I can remember cycling has always been a massive part of my life, taken out to races when very young while dad helped top North Road riders such as Alan Blackman and George Wingfield spending hours sitting by the roadside listening to the 'swish' of tyres as they came along. Recently I found an old school exercise book that contains, what seems to be, my first measured rides on a bike. Grandad's close friend was cycle builder Freddie Scott who had a business along South Ealing Road and made me my first bike when I was twelve and a half years old. Very erratic record but it seems that my first distance was 37.5 miles on the 3rd January 1960. I am not certain if these first mileages are all that I managed because I am sure that I was already riding to school so Heston to Isleworth Grammar would have been a few miles. There is also no mention or indication that I rode to dad's grocery shop in Ealing where I would ride the heavy old delivery bike around the slopes near Scotch Common. It was five and a half miles from the shop to home, five days a week so the miles must have mounted up significantly. These early years were (as I say) rather sporadic but shows my first ever 100-mile ride, meeting the North Road Club at Tonbridge for lunch (in the days when they could ride across London from Barnet) and back with the Club for tea at my mum and dad's house. Lack of regular riding shows and is the reason for such poor results when racing, coupled with the formation of our band in 1962.

Another page from an old school book shows my first ever time trial, a circuit of about 3 ½ miles done in 15-51 just before my 13th birthday. There are several times recorded including my first ever 'promotion', a couple of school pals taking on the loop. The last entry in the book is a solo 1-hour ride when I completed 19 miles 1056 yards in an hour on the 4th June 1961. It was two years before I was allowed to join the Club and first 'proper' time trial in April 1964.

This season has been a rather up and down experience with a few non-starts due to infections and I only managed seventeen races. The Covid restrictions have eased so that there are now result boards, tea, coffee and cakes after most events, however there are fewer riders unless it is a fast course and a couple of these have been subject to road works and another in Norfolk has had a couple of fatalities so discussions are in progress to see if it can be used safely. The F2 25-mile course is the most favoured at the moment being two laps of a dual carriageway (A428) between Madingley and Caxton Gibbet. Very fast on the right day and not too bad on a windy day if the direction of the wind is good. Haven't tried the 50 course as it would involve 4 laps. I couldn't seem to manage to 'get under' and ended with 1-00-28 and 1-00-45 and two sub 24 minute 10's.

One continual problem is the lack of willing marshals for the open events. Several of us have ridden and then marshalled after, while others have 'pushed off' or marshalled and then ridden, can easily do this on the double looped F2. However this year the East Anglian Vets have deemed that they will pay for people to marshal and give expenses! A new phenomenon but sad to say the same people ride but are rarely seen standing at the roadside, an unfair situation in my mind.

There are only a few of Wisbech Wheelers that have regularly ridden this year with a young lad who could be very promising. The club rides are well supported but still plagued by the riders who will 'race' on a club run but will never turn the pedals in anger over a set distance with a timekeeper. I haven't had the riding that I am used to but did manage to get my 75 miles done on my 75th birthday. Pam's family from Spain decided to visit that weekend so to avoid inconvenience I left home at 4.50 am and got back to join them all for breakfast. I will finish the year with a mileage of about 10,700. The Facebook page 'Legends of the RTTC' is always interesting and recent photos included Jeff, Martyn and Kevin at Sid Lovatt's lunch. Many other good photos, information, old start/result sheets which makes intriguing reading. After hundreds of years I found out that the very rapid rider Joe Mummery was in fact named John!!

I hope that all Wheelers had a good Christmas and will have a happy New Year. This year has been particularly bad for friends who have passed on, my best friend and lead guitarist, who I have known for over 60 years succumbed to a brain tumour, my best workmate died in July and my regular riding colleague up here was found in bed just before Christmas. It is a fact of life but that never makes it any easier

I hope to see some of you in 2023 and remember to ride carefully.

Roger

P.S. If you would indulge me, my complaints to the North Road C. C. regarding the cessation of our 117-year old club magazine prompted this reply (email),

"Hi Roger, after much discussion by the committee your constant criticism is making us all unhappy and we would be happy to accept your resignation if you feel you are unable to accept the committee's decisions". NRCC Committee.

After 59 years of membership, of course I politely declined!

CONTRIBUTIONS NEEDED

Do you have a favourite bike? Why not write about it for a future issue?

Do you have a question (or solution) for our FIX IT item?

Tell us about your racing career.

Describe a ride, sportive or race that made an impression (good or bad)!

Send photos, poems or funny stories - we want to hear from you!



Queries or contributions to Patsy Howe (editor) patsyhowe@live.com



East of Ireland Trip

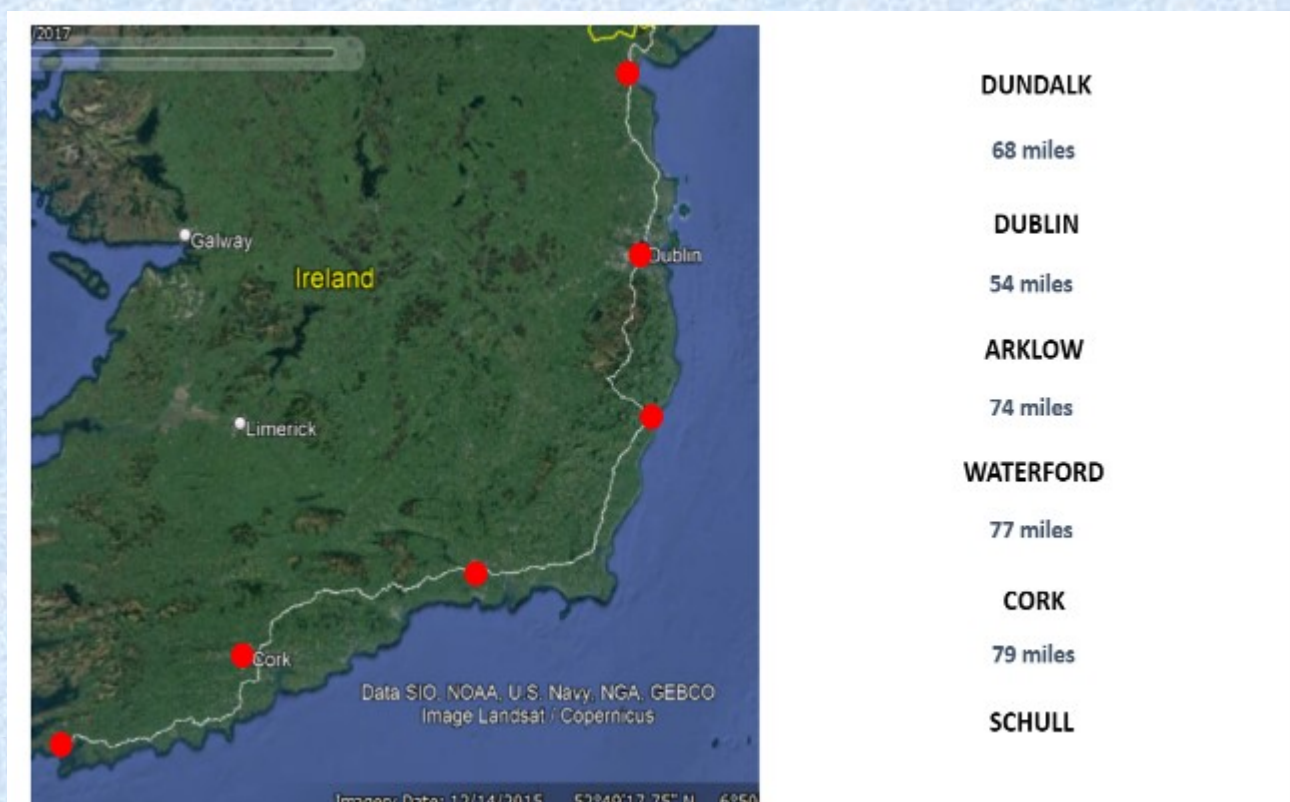
The Plan (anticipated!)

Dave Howe



One van to take bags and bicycles. All riders expected to ride the full route (except for emergencies).

Hotel accommodation. Bags carried from hotel to hotel by van. Five days riding. Longest day: 79 miles.



Friday, 24th June 2022

Load bicycles and luggage into van, van travels to Holyhead. Overnight stop

Saturday, 25th June

Van takes first morning ferry to Dublin and drives to Dundalk (John Marshall, Graham Davis and Eddie Green)

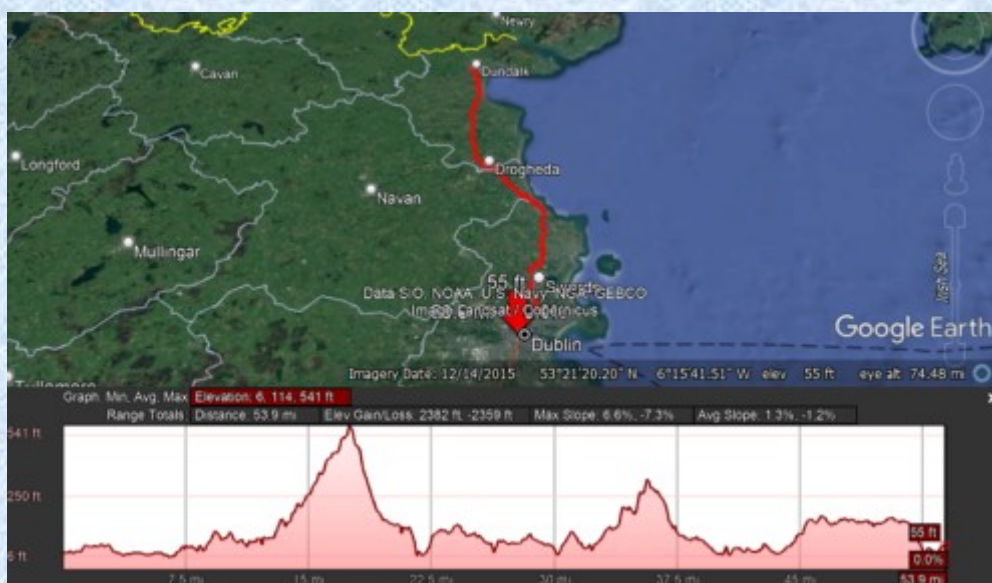
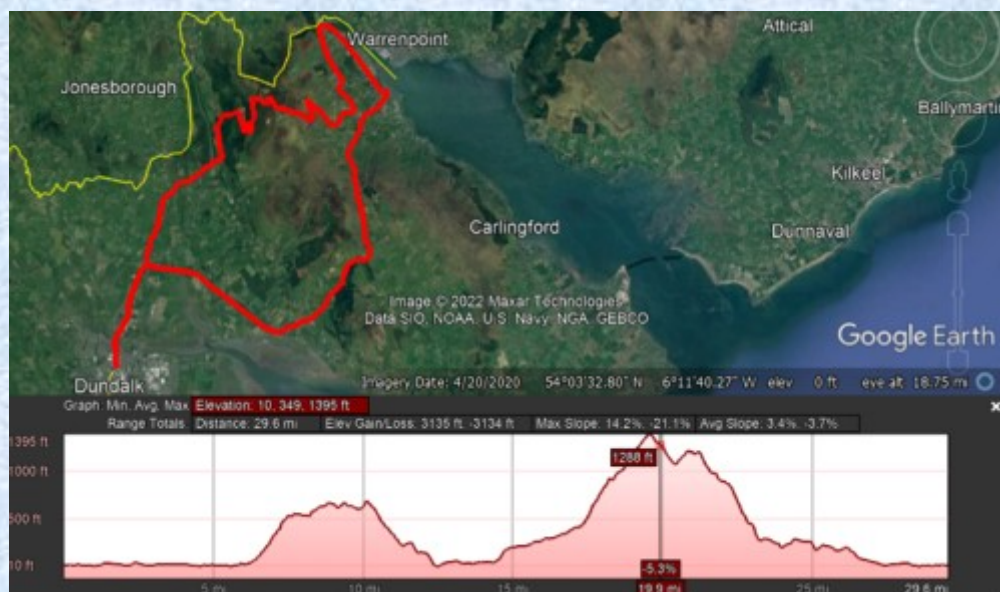
Flight: Heathrow to Dublin. (Jeff Marshall, John Glisson, John Matheson, Les Saunby, Dave Howe, Patsy Howe)

Shuttle bus transfer from Dublin to Dundalk and warm up ride to Northern Irish border.

Warm up ride:

Dundalk to Dundalk via
Omeath, Saturday, 25th June

Accommodation:
Imperial Hotel, Dundalk



Sunday, 26th June

Dundalk to Dublin,
54 miles and 2382ft
climbing.

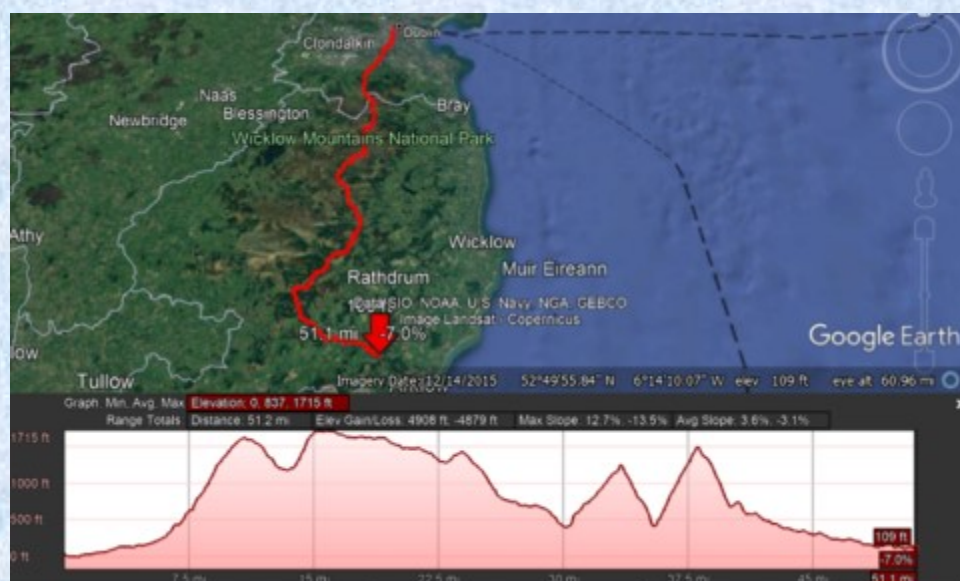
Accommodation:
Kilronan House Hotel
Dublin

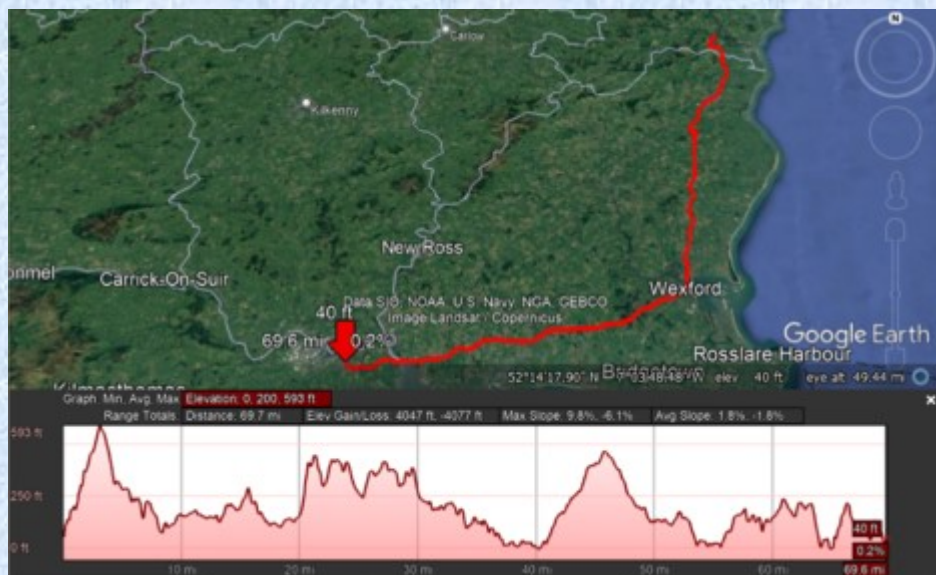


Monday 27th June

Dublin to Woodenbridge
52 miles over the Wicklow
mountains. 4908ft climbing.

Accommodation
Woodenbridge Hotel





Tuesday, 28th June

Woodenbridge to Waterford via Wexford.

70 miles, 4047 ft climbing

**Accommodation:
Woodlands Hotel
Waterford**

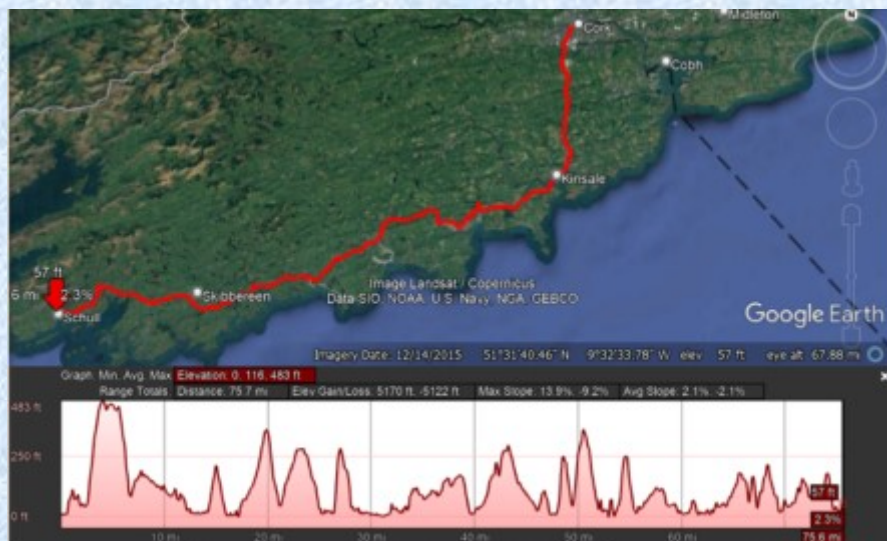
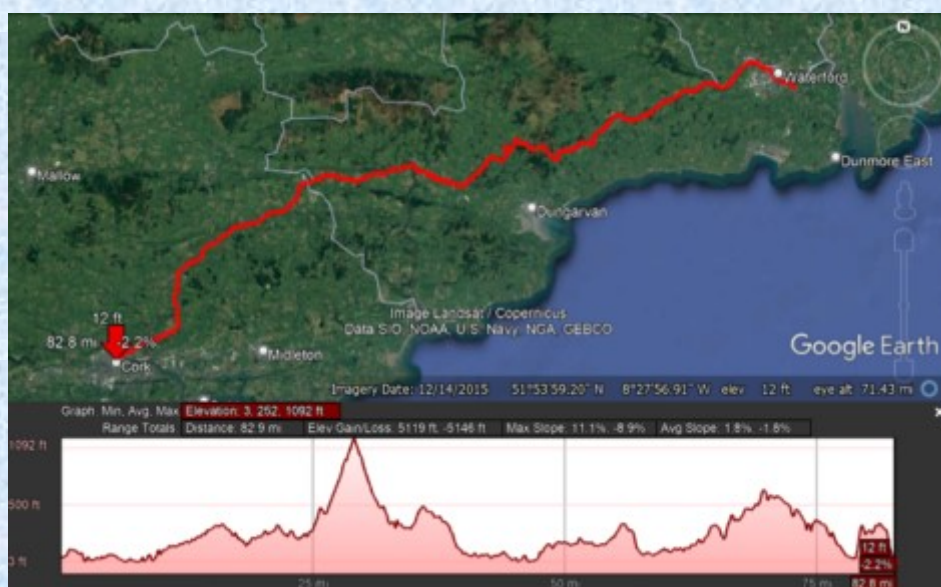


Wednesday 29th June

Waterford to Cork.

87 miles, 5119 ft climbing

**Accommodation:
Maryborough Hotel
Cork**



Thursday, 30th June

Ride Cork to Schull.

79 miles 5500ft climbing

**Accommodation:
Schull Harbour Hotel**



Friday, 1st July

**Van loaded with bikes and bags drives to Rosslare – Fishguard Ferry
Riders take shuttle bus to Cork airport for flight to Heathrow.**

The Ride (reality)



Above: Graham & Ed heading for Holyhead
(photo: John Marshall)

Right: Dinner in Dundalk (photo: John Matheson)

Below: Loop out of Dundalk at Omeath, with Carlingford Lough behind and Warrenpoint in the distance.



Below:
On the way from Dublin to Woodbridge over the Wicklow Mountains



This was a tour of mixed fortunes! Unfortunately it was plagued by rain, continual strong head winds and cold weather. Covid also took it's toll during and after the trip, with over half the team testing positive, mostly once they returned home. We were unable to complete the last day to Schull and instead had to return for a second night at the Maryborough Hotel on the outskirts of Cork rather than continuing to Schull for the final night.

These are photos of some of the happier moments of the ride (I have not included photos of us cowering under hedges from torrential rain showers!).

Most riders had also taken part in the West of Ireland trip in June 2019 and by the finish of this ride would have completed a route around the entire coastal region of Eire. Patsy



Above: "Too expensive Ed, let's try the next!"



Left and Below:

Ballyhack to Passage East ferry, across the River Barrow heading to Waterford



Below: Coffee stop colour coordination at Keirse's Bar in Kilmacthomas, on the way from Waterford to Cork



Right: Jeff expertly fixing a broken chain in the cold and rain on the way to Cork



Left: Another downpour approaching and no hedges available!

Photos: Patsy Howe
(except where otherwise indicated)

Cycling in the 1950's

Some think it was a golden age, others are not so sure!

Contributed by Chris Lovibond



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Chris Froome / Time Trial Bikes

https://www.youtube.com/watch?v=CnJ48P46qWU&ab_channel=ChrisFroome

Is there a feeling in the air that time trial bikes may be 'a bad thing'? Chris Froome thinks they're dangerous, and it is noticeable that road bike categories in time trials appear to be on the increase.

If Froome's argument were to be accepted what effect would it have on British time trialling? Would the CTT follow? There is a big section of the cycling public that are keen to follow whatever the pros do (even though they do what they are paid to do), also if the UCI decided that TT bikes were dangerous it would be hard for CTT to stand out against the idea.

It seems obvious that the real safety issue in time trialling is the danger of riding on roads that are almost motorways rather than anything to do with handlebars; however some good could come from this. When most current Hounslow members were young the great majority of riders started their racing career by riding time trials. The events were easy to enter, it wasn't necessary to have the speed, skill and fitness to stay in a bunch and, importantly, no special (and expensive) kit was needed. It was possible to enjoy competing against your mates without worrying too much about what the top specialists were doing.

From the many, a few were chosen, and some of those (Hoban, Denson, Simpson) progressed to the highest levels of the sport. If those riders, as teenagers, had believed they needed to find £10,000 to buy a special time trial bike, they would probably have been lost from cycling.

Whatever the defects of time trials may be, they can provide an entry point. Everyone coming into cycling will have a road bike of some sort – nobody starts in the game with a special time trial bike. It's been a long time since there were a lot of young people wanting to come into cycle sport – we should be careful not to discourage any potential recruits by allowing them to believe that super expensive kit is necessary. So perhaps it's a great idea to encourage the use of road bikes in time trial.

A note on that video: about the first six minutes are taken up by the speaker talking about himself; you may want to fast forward.

Chris Lovibond 25.3.22.

Tuesday morning coffee stops at Roots (aka Perla Antica, aka Il Rustico)

For many years, the Tuesday 'Old Boys' ride has been stopping at Roots, Italian Restaurant and Café for the mid morning break. A warm welcome was always guaranteed from Nico (pictured standing) and his crew.

During this time riders have also had suppers, celebrations and post funeral get togethers at Roots.

Sadly the restaurant closed on the 19th October 2022 and we met there for our last Tuesday coffee break on the 18th October.

We wish Nico, family and team very best wishes for the future.



Photos: Some good times at Roots



Club Camp 2022

Photos:
Patsy Howe



Dave, John M, Eddie Adkins, Tony and Jeff



Home away from home!



Left: The lads enjoyed their time at camp again!
With Katie, Gavin and Linda are James (Taylor),
Peter, James (DJ Dr Fieldus), Adam, Dom and Dean
Below: Dom instructs us in the art of Qi Gong, a
Chinese martial art.



Summer Camp 2023

Saddleback Lane, Potterne Wick, (nr Devizes) SN10 5QT.

Come and join the fun! Family and friends welcome!

Friday, 11th August until Tuesday, 29th August

Further info: Martyn Roach 07779 718228



The Hounslow out and about



Your club committee

President
Jeff Marshall
Chairman & Membership Secretary
Graham Davis
Secretary
Bill Carnaby
Treasurer
Martyn Roach
Racing Secretary
Bruce McMichael
(trophies)
Dave Sykes
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Jeff Marshall
Clothing Secretary
Linda Williams
Magazine Editor
Patsy Howe
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Chris Lovibond
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Ian Kirk

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Next Issue

Please contact the editor with your contributions or suggestions.
It's your magazine!

